

PEER TO PEER CLASS



Newly updated NAMI Peer-to-Peer class is a free, 8-session educational program for adults with mental health issues who are looking to better understand their condition and journey toward recovery.

This group experience provides the opportunity for mutual support and positive impact. The class is confidential.

"I wish I would have taken this when I was first diag-

**8 week Class held on Thursdays beginning
September 5 —October 24, 2019
1pm to 3pm**

Training held at Life House
5850 West Mall
Atascadero, CA

Registration for this training is **required**. For more information and to RSVP contact:
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